

# Rhythm and Timing Challenge

## Week 10: Syncopation

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### Notes and Counting

1 +2 + 3 +4 + 1 +2 +3 +4 + 1 2 +3 + 4 1 +2 (+3) (+4) +

### Demo

1 2 (3) +4 (+) (1) +2 (+) (3) +4 (+) (1) +2 (+) 3 4 1 +2 + 3 (4)

### Quiz

Four staves of musical notation for the 'Quiz' section, each containing a different syncopated rhythm pattern in 4/4 time. The patterns involve quarter notes, eighth notes, and rests.

### Instructions:

1. Write in the counts above the notes. Please use a plus sign when counting "and" (see Demo).
2. Clap the rhythm and count the beats out loud. Always use a metronome.
3. Play the quiz on your instrument with a metronome. Use "Right or Left Hand Lead" sticking if you are a percussionist or pick any note if you play a wind, brass, or string instrument. For an extra challenge, change to another note at the start of a new bar.
4. Record your performance and send your teacher a link to the video for review.

### Difficulty Levels:

Apprentice: ♩ = 60 +  
Journeyman: ♩ = 100 +  
Master: ♩ = 140 +